

## Frequently Asked Questions about Kingsbrook TBI

### What are the types of patients Kingsbrook TBI is capable of serving?

Kingsbrook TBI is fully staffed and prepared to serve the widest spectrum of patients who have suffered traumatic brain injury, including but not limited to adult survivors of:

Closed Head Injuries	Anoxia
Open Head Injuries	Brain Tumors
Stroke	Other Neurologic Problems

### How do patients pay for Kingsbrook TBI services?

Kingsbrook accepts most insurance, including but not limited to:

No-fault Insurance	Medicare
Workers' Compensation	Medicaid
Other Third-Party Payers	

### What are our accomplishments in treating patients with TBI?

In 2013, Kingsbrook served 113 patients with TBI. On average, patients stayed for 17 days. We are proud of the following outcomes:

- Functional improvement—Functional improvement is measured using an instrument known as the Functional Improvement Measure (FIM). In 2013, our patients made significant improvements from time of admission to time of discharge that is comparable to other programs in the region for the same diagnosis.
- % discharge to community (home) = 82%
- Patient satisfaction with TBI Unit = 9.3 out of 10

### What happens after patients leave the Kingsbrook TBI Unit?

The TBI Unit's Social Worker/Discharge Planner, in partnership with the patient ready for discharge, his or her family, and the TBI Unit treatment team, works to identify and obtain the support needed for re-entry into the community.

Kingsbrook's aftercare services are designed to meet the needs of TBI survivors following acute rehabilitation. We offer:

- Outpatient Rehabilitation Services
- An Adult Day Program
- An Extended Care Facility (Rutland Nursing Home)

For those who live far away from Kingsbrook, or who have needs beyond the scope of Kingsbrook's aftercare services, referrals are made to appropriate community resources.



# Kingsbrook Jewish Medical Center TBI

**Traumatic Brain Injury Unit  
CARF and JCAHO Accredited  
20 Years Experience**



**For Referrals and Inquiries  
Call (718) 604-5341  
Kingsbrook Rehabilitation Referral Hotline**

# Individualized Treatment

Each patient arrives with a unique injury status, and so each patient's level of cognitive and physical functioning must be evaluated individually. Every member of our interdisciplinary team personally evaluates each patient soon after arrival, and individual goals and treatments are set for each patient within each treatment modality. From that point until discharge, each member of our full staff of specialists works personally with each patient to reach (and sometimes exceed) the goals as set at intake.

Kingsbrook TBI offers the total treatment for cognitive and physical rehabilitation required for maximizing your patient's recovery and returning quality of life. Our multidisciplinary teams have helped thousands of patients to learn the functions essential for them to re-enter society effectively. Our full range of services include:

- Individualized evaluation and treatment
- Staff of specialists in all disciplines
- Multi-lingual staff
- Treatment of mind and body
- Capability for treatment of all levels of severity, including coma patients
- Nurturing atmosphere



Kingsbrook TBI, in keeping with the multicultural community in which we work, has staff members who are bi-lingual or even multi-lingual. Some of the languages, in addition to English, available to patients and families through members of our staff include:

- Russian
- French Creole
- Mandarin
- Cantonese
- Spanish

# Comprehensive Holistic Treatment

**Physical Recovery:** There is a strong focus on retraining the sensory motor systems involved in ambulation and extremities used in activities of daily living. Therapists are trained in behavioral modification, stimulation techniques, as well as techniques that may also play an important role in the cognitive re-entry of some patients.

**Cognitive and Perceptual Functioning:** Emphasis is placed on evaluating and treating the acute and potentially enduring impairments in memory, attention, judgment and problem solving skills. Neuropsychologists, speech and occupational therapists are trained in the latest techniques of cognitive rehabilitation.

**Language Skills:** Evaluation of verbal and written communications and reading ability is strongly emphasized at Kingsbrook TBI. Speech therapists work intensively with our patients, using innovative

as well as traditional approaches to evaluation and treatment of language disorders.

**Goals:** The professionals who compose the multidisciplinary brain injury unit at Kingsbrook combine their efforts to aid the patient in adjusting cognitively, physically, and, most importantly, emotionally to their new lifestyle. In each area of rehabilitation, our therapists work to develop a partnership between themselves and their clients to work collaboratively on rehabilitation goals.

**Patient and Family Involvement:** We encourage the involvement of the patient in his or her own recovery process. And, whenever appropriate, we involve the family in every stage of patient recovery and adjustment. Family members are encouraged to attend team conferences, patient treatment, and a special Family Support Group.



## Staff of Specialists

Kingsbrook TBI Unit's Interdisciplinary Team consists of a full complement of highly trained licensed and/or certified specialists, including:

- Psychiatrists (Doctors of Physical Medicine)
- Rehabilitation Nurses
- Physical Therapists
- Occupational Therapists
- Speech-Language Pathologists
- Neuropsychologists
- Social Workers
- Vocational Rehabilitation Counselor
- Therapeutic Recreation Therapist
- Respiratory Therapy
- Dietary Staff

# Returning Patients' Quality of Life